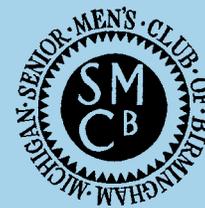


The Reminder



November 2011

Senior Men's Club of Birmingham, Michigan

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Christmas Dinner Dance

Wednesday, December 7 is the date of the Senior Men's Club Christmas Dinner Dance, held at the San Marino Club, located on the north side of Big Beaver Road, between Rochester and John R. Road.

Tickets, priced \$40 per person, go on sale at 9:00AM on Friday, November 4 at the Special Events table and thereafter during each Friday SMC meeting until December 2.

A social reception from 6:00-6:45PM will offer snacks and punch, whilst something more exotic can be purchased at two cash bars, which will be open all evening (\$4 for premium cocktails, aperitifs and featured Kendall-Jackson wines, as well as soft drinks at \$1).

At 6:45PM, guests will take their seats in the ballroom for festivity introductions and announcements, after which dinner will be served starting at 7:00PM.



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NOVEMBER PROGRAMS

NOVEMBER CHAIRMAN: Mike Nigro

- 4 M.L. Elrick, Detroit Free Press Investigative Reporter *The Importance of Watchdog Journalism*
- 11 Arlene S. Gorelick, MPH, President, Epilepsy Foundation of Michigan *The Changing Face of Epilepsy*
- 18 Rebecca Ruth Hart, Associate Curator of Contemporary Art, DIA *Modern and Contemporary Art*
- 25 NO MEETING

DECEMBER PROGRAMS

DECEMBER CHAIRMAN: Dave Schwartz

- 2 Ed McKeehan, Area Representative for the Charter Schools of Ferris State University *Charter Schools, What and Why?*

NOVEMBER DISCUSSIONS

NOVEMBER CHAIRMAN: Riggs Miller

- 4 Brenda Donaldson, MD-Corporate Director, Acupuncture, Beaumont Hospital *Integrative Medicine and Acupuncture Therapy*
- 11 Michael Deeb, PhD, Civil War Historian and Author *Lincoln's Assassination*
- 18 Chuck Travers, SMC Member, Facilitator *Multiculturalism, Boom or Bust*
- 25 NO MEETING

DECEMBER DISCUSSIONS

DECEMBER CHAIRMAN: John Reddy

- 2 Michael B. Stewart, Intellectual Properties Attorney *Get Your Assets in Gear - Intellectual Property in the Global Economy*

New Members:



Douglas E. Anderson
1910 Raymond Place
Bloomfield Hills, MI 48302-2264
248-538-4119
E-mail: andedz@comcast.net
Sponsor: Robert J. Byrwa



David R. Zimmer
1255 Indian Mound West
Bloomfield Village, MI 48301-2261
248-760-1591
E-mail: zimmerdr@aol.com
Sponsor: John Perryman

Life Members:

Edward N. Schneider
Richard N. Harper
T. Leonard Terry
Robert S. Cooper

Reinstated:

Bernard Arca

Resigned:

Leo G. Steinl
J. Peter Smith

Deaths:

Byron P. Crane, joined June 2011
Robert W. Spencer (Life), joined November 1998

New Address/Phone/Email:

Arthur L. Held—art.held@aol.com
John J. O'Brien—32865 Faircrest St., Beverly Hills,
MI 48025-2937
Carl H. Fischer—carl.fischer.iii@gmail.com
Tom VanVoorhis—248-926-1302
Robert F. Erben—6315 Amanda Dr., Saginaw, MI
48638-4362

—Pete Kass, Membership Chairman
—John M. Steele, Database Chairman
—Bill Shaffmaster and Tom Booth, Photography

New Associates:

Thomas V. Bingham (Pamela)
6335 Thorncrest Dr. E.
Bloomfield Hills, MI 48301-1710
248-647-8244
E-mail: tvbingham@comcast.net
Sponsor: James Buchanan

Robert M. Carlson (Bunny)
21174 Carson St
Clinton Twp., MI 48036-1521
586-463-6960
E-mail: carlsonwhq@att.net
Sponsor: Jack Ledingham

Thomas M. Thoresen
3638 Estates Dr.
Troy, MI 48084-1123
248-643-8373
E-mail: thoresen@aol.com
Sponsor: Irvin Poston

Handbook Update

The 2012 SMC Handbook will be printed in December for January distribution. This update incorporates any changes in member information submitted through November 30, 2011, but earlier submissions would be much appreciated.

Please note that November 18 will be the last regular meeting date at which information can be turned in. E-mail or phone contact will be required after that date, again with a final November 30 deadline. Members should verify that all handbook information (permanent address, telephone and e-mail) is current with any changes submitted to Database Committee Chairman John Steele. Any pending changes effective by January 2012 should be included.

All Committee Chairmen are asked to submit 2012 Committee Rosters to Handbook Committee Chairman Bob Clements as soon as possible, again with the November 30 deadline. Perhaps, more importantly, members are encouraged to join working committees, which can always use additional help. Just ask a chairman!

—John Steele and Bob Clements

Groups



Classic Movie Group

Once again, the SMC brings you one of the great swashbuckler films from the golden age of that genre 1935-1943. Join us at 1:00PM on Monday, November 14 for the 1942 film, "The Black Swan", starring Tyrone Power and Maureen O'Hara (at age 22). It has all the ingredients - battles at sea, swordplay (especially the climax), damsel in distress, romance, and great villains. "Black Swan" truly deserved its Oscar for best cinematography with its breathtaking weaving of lights and shadows usually accomplished only with black and white photography but this is in glorious Technicolor. As usual, it will be shown with English subtitles for your viewing pleasure. Bring your main squeeze.



—Augie Perrotta



Investment Group

On Wednesday, November 9 at 2:45PM, Alfred Sickinger, V.P. and Senior Financial Advisor, Chase Investment Services will present "Straight Talk about Crooked Lines."

With the global political and economic outlook more uncertain than ever, it is important to have a strategy on managing the market volatility. Mr. Sickinger will speak about the many mistakes investors make when the road gets rocky and will offer timely ideas on how to manage market volatility going forward.

The Stock Game has a record 73 entries. Sixty chose the \$10 option. A preliminary report showed an 8% gain in the first week. Come and see the official first reports on November 9.

—George Miller

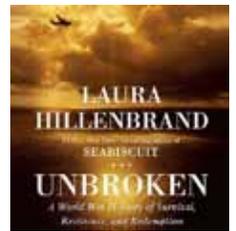


Book Reading Groups

On Wednesday, November 2 at 10:30AM, we will be discussing the book "The Dead" by James Joyce. Despite the mournful title there is no murder or mysterious death involved in this seemingly simple piece, set in an old-fashioned Society home in Dublin during the Christmas season in early 20th century. It is an introspective tale from the viewpoint of middle-aged Gabriel, whose speech during dinner praises the Irish tradition of warm hospitality. But something causes his wife, Gretta, to hark back to her girlhood and her first love--whose poignant memory threatens his plans for connubial bliss in their hotel room.



On Monday, November 21 at 3:00PM, we will be discussing the book "Unbroken" by Laura Hillenbrand. In late May 1943, the B-24 carrying the 26-year-old Zamperini went down over the Pacific. For nearly seven weeks — longer, Hillenbrand believes, than any other such instance in recorded history — Zamperini and his pilot managed to survive on a fragile raft. They traveled 2,000 miles, only to land in a series of Japanese prison camps, where, for the next two years, Zamperini underwent a whole new set of tortures.



—Ted Chapekis



Camera Group

The Camera Group will meet on Tuesday, November 8 at 2:00PM, and be addressed by Linda Rodney, a local professional photographer. She will discuss the use of manual camera settings to improve our photographs.

This will be our last group meeting this year. Our planning for next year will be heavily dependent on volunteers stepping forward to present programs of interest to members. Despite several requests, only three members have come forward. We need more to keep this Club activity vibrant and of interest.

—Jaap B. Delevie



Monday Golf

The official 2011 Monday Golf League schedule is now completed. Play continues at Lincoln Hills on Mondays until the course closes -- weather permitting. League statistics are as follows:

There were 64 players shooting 543 nine-hole rounds over the 16 week season. For those playing at least four rounds averages ranged from 39.6 to 60.2. The top fifteen players were Jim Doyle at 39.6, Chuck Torner 40, John Perryman 41.1, Tony Parrottino 42, Don Foehr 42.3, Pete Kass 42.4, Bill Duncan 42.5, Bob Hinytzke 42.7, Ted Chapekis 43.2, Dave Key 43.4, Eldon Crawfis 44.4, John Kary 44.9, Rich Wehling 45.2, Griff Griffin 45.5 and Ken Bugis 45.6.

There were no "aces"; only one eagle (by John Perryman). Collectively there were 39 birdies with multiple birdies from Don Foehr (5), Jim Doyle (4), Bob Hinytzke (4) John Perryman (4) and Pete Kass (3). Closest to the pin on Hole #2 was a little more distributed but multiple winners included Jim Doyle (2), Ted Chapekis (2) and Byron Converse (2). The closest shot of all was Dave Key at 2'7".

Perfect attendance was shared by Ken Bugis, Ted Chapekis, Bob Smith, Larry Halloran and John Kary. All in all it was a very good year with wonderful weather after the first couple of weeks. The Lincoln Hills course improvements (new club house, parking lot, practice range, some new trees and fencing) are finished and mature. The Lincoln Hills staff of Andy and Rich have been very accommodating and that is much appreciated.

Thank you all for participating. Special thanks to our Starters - Ed Jones and Tom Waffin - and to Ed Jones for his stellar scoring and statistics.

—The Golf Committee, Bill Spreitzer, Ed Jones and Tom Waffin

Unclaimed Coats

Are you missing a coat - maybe from last winter? The Community House advises that 5-6 men's coats - mostly tan trench-style - are left over from last year. They are located in the closet near the Ballroom. Take a look and take only yours. Unclaimed coats will be donated.

Bowling

After seven weeks of competitive bowling, two teams have moved into leader positions.

The Diamond Backs (Wetters, Mangiapane, Harper and Winowiecki) are in first place, followed by the Braves (Brooker, Kozak, Wargelin and Marinelli) in second. Of course, the season has a long way to go and lots can happen. Stay tuned. Nick Marinelli continues with all the top scores - game (253), series (616) and average (171).

Our league continues to need bowlers. We often hear members say they haven't bowled for years or maybe never and they are concerned they won't do well. Not all of us are high scorers. In fact, we have seven bowlers with averages under 120. So why not give it a try - maybe "get your feet wet" as a sub. We bowl Monday at 9:00AM at Thunderbird Lanes on Maple Road and we have fun! We would love to see you. Questions? Call Tom Venier (248-642-2386).

—Dick Harper

Thursday Golf

The Thursday Golf season ended on October 20. Surprise, surprise - it was rained out.

The annual Golf Banquet was held at The Community House on Tuesday, October 25. Good times were had by all as the food, camaraderie, and prizes were great. Significant awards presented were:

Low gross average: Perry Driggs with an average of 36
Runner up: Bob Hinytzke at 39.2, Kirby Callam at 39.4, and Jim Doyle at 39.7

Tournament low gross: Chuck Torner with an average of 38

Runner up: Kirby Callam at 38.5 and Ed Dilworth at 40.5

Tournament Flight winners: Rich Wehling, Jack Shea, and Byron Converse.

Winter Golf at the Oakland Yard Dome will begin on Thursday, January 5, 2012. Price will be \$9 and Hero's Restaurant will continue with the discount of 15% on lunch following the practice. A dome pass will be required. The passes will be available from any Golf Committee member in mid November. Hit them long, hit them straight, and hit them high!

—Golf Committees

Jaap Delevie

Jaap Delevie's life has been a compelling story of adventure and accomplishment, traveling from early life in the Netherlands during German occupation to leading Detroit area hospitals to an Atlantic crossing in a 32-foot sailboat.



The Nazi occupation of the Netherlands began during Jaap's teenage years. His father's position as a Jewish community leader was no protection and Jaap was slated for deportation. His family managed to "disappear," similar to the Ann Frank story, only to be captured and herded into Auschwitz-like cattle cars. He escaped once, was recaptured and imprisoned before being assigned to a German gun factory. Liberation came in April 1945.

Jaap's postwar life was largely shaped by two decisions: first, he entered medical school and second, he decided against becoming a Catholic priest. He finished medical school and internships in Amsterdam hospitals, received an "Arts" physician degree, got married and emigrated to the U.S. in 1953.

He served in the U.S. Army as an M.D., came to Detroit as a Resident, first in Neurosurgery, then in Ophthalmology. He joined private practice in Pontiac in 1961 and retired in 1996. In addition to professional achievements, Jaap has contributed leadership to many community organizations, including the Urban League, United Way and Children's Aid.

Open water sailing has taken Jaap to many bodies of water and countries around the world. He earned a "Sailor of the Year" award in 1983 and continues to sail today - not with a 32-footer, but with a kayak similar to the one his father gave him when he was 11 years old.

Jaap joined the Senior Men's Club in 1998, with full membership in 2003. He currently chairs the Visitation and Health Committee and the Camera Group. He received the Club's Outstanding Service Award in 2006.

He and his wife Margie have lived in the same house for 50 years. They have three adult children and two granddaughters. As parting words, Jaap offers "Overall, I look back at a very long and satisfying life. I hope you will agree."

—Chuck Ragains

SMC Improvement Committee

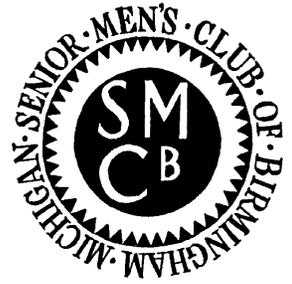
An SMC Improvement Committee was formed following the mid-September Discussion Group meeting held to develop member inputs targeted at club

improvements. The Committee includes John Reddy, Chairman, John Flintosh, Augie Perrotta, Richard Schreck, Dick Harper and Chip Forbes. Chip also heads a member information bank sub committee.

A significant number of member suggestions have been received which members have identified as relevant to increasing membership of men under 70, while also enriching the membership experience of existing members. These recommendations will be presented to the Executive Board at the Board meeting on November 8. With Board endorsement, the Improvement Committee is to formulate operating details and plans for implementation for subsequent Board review.

In addition, the referenced sub-committee has met to examine ways of identifying member experiences and interests to develop club activities likely to appeal to specific interests and enhance overall club fellowship.

—John Reddy, Chairman



SMC Meeting Decorum

The highlight of our Friday meetings is a presentation by an invited speaker, who appears gratis to provide an interesting and informative program. At the conclusion of the presentation, the Club President thanks the speaker on behalf of the Club, and presents a small gift and a certificate of appreciation, followed by formal adjournment of the meeting.

Unfortunately, on several recent occasions, these closing ceremonies have been disrupted by meeting attendees rushing to the exits or engaging in loud conversation. This is disrespectful to the speaker and is very uncharacteristic of our Club. As President, I expect and am asking that attendees observe our normal and expected meeting decorum through formal adjournment.

Your understanding and cooperation will be appreciated.

—John Flintosh

Christmas Dinner Dance

...continued from page 1



"The Pros Dance Band" will play nostalgic and seasonal favorites for listening and dancing pleasure.

The San Marino Club is renowned for its cuisine and service. The menu will include:

Stracciatella Soup followed by a Mixed

Green Salad

Choice of entree: Medallions of Veal Marsala; Chicken Parmigiana; or Baked Orange-Roughy with Lemon-Garnish

All seating is by table reservation (tables seat 8). Table reservation forms will be available at the Special Events table on October 28.

**For those wishing to reserve a table of 8, add all names to the form with their entree selection, and also identify one member to collect payment from each "Table Mate" and buy tickets for the whole group.

**Tickets can be purchased individually and the Seating Committee will help select a table of your choice.

We look forward to a festive event filled with convivial good cheer!

—Special Events Christmas Party Committee

Senior Health Matters— Social Activity and Cognitive Decline

The Chicago based Rush Memory and Aging Project has studied association between social activity and cognitive decline. Social activity was measured on a 5 point scale in terms of how often one engaged in 6 common activities. Participants were 65 or older - none had dementia.

Cognitive function is a measure of information processing that includes comprehension, judgment, memory, perception and reasoning.

The activities described were:

- Going to a restaurant, sporting event or playing bingo
- Going on a day trip or overnight trip
- Doing unpaid community or volunteer work
- Visiting friends or relatives
- Participating in a group activity - Senior Men's Club, K of C, Lions, etc.
- Attending church or synagogue services

Frequency of participation ranged from once a year to daily, with several steps in between.

The study found a clear and statistically valid relationship between frequency of activity and rate of cognitive decline - the more active participants were, the slower the cognitive decline. One theory is that social activity challenges older adults to participate in interpersonal relationships which benefits their neural networks - in other words "use it or lose it."

Now you know why you should be as active as possible in the Senior Men's Club!

—Augustine L. Perrotta, DO

Urgent Message - Visitation and Health Committee

The Visitation and Health Committee has the primary function of visiting members or wives in local hospitals, nursing homes or their own homes. These visits have a main goal of bringing the best wishes of the club, while showing sympathy and empathy. Members are advised as to the condition and progress of sick members, strictly in accordance with the wishes of the sick. Ideally, this committee would be chaired by a member-physician, although we have had non-physician chairmen. I have served as full chairman for 5 years and have filled in for part of 3 years. I am finding the work too physically demanding and would very much like for a physician to step forward as chairman for 2012. Despite our efforts, no one has volunteered. Hence, we may have to use volunteers for individual months, as the Club does with the Discussion Group and Friday programs. I would be willing to serve as Coordinating Chairman to receive information about health problems. So far, we have only filled about half of next year's months. Surely, we want this committee to function. We need volunteers, so please come forward, if you feel that this Committee is doing something worthwhile.

—Jaap Delevie

Aging Gracefully



This issue of *The Reminder* includes a Senior Health Matters column which describes how social activity such as active membership in organizations like the SMC can benefit mental awareness and physical well-being.

Many members of our Club clearly demonstrate how true this is. We currently have 87 members who have reached the exalted age of 90, and many of them are very active in their Club. Quite a few attend the majority of our Friday meetings - headed by Nate Mills at 98, plus Larry Smith, Ken Brooker, Jim Peters, Harold Brown, Dick Hameister, Chuck Himelhoch, Bill Shaffmaster, Sherwin Vine, Omer Petti, Don Upward and John Kary. (Don't you feel good reading these names?)

Sherwin Vine at 94 bowls every week as do Don Upward, Stormy Wetters and Ken Brooker.

John Kary at 95 is a regular golfer, and is both dedicated and good.

These members are amazing and so inspiring for all of us. Hang in there guys!

—Dick Harper

Officer Elections

The Nominating Committee of the SMC, appointed by President John Flintosh, is selecting proposed nominees for Club Officer positions for 2012.

In accordance with our constitution, these nominations will be read to the membership at our first meeting in November. The formal election will take place at the second November meeting. Those elected will serve one year commencing with the first Club meeting in January 2012.

The Nominating Committee is composed of Chairman Irv Poston, past presidents Frank Barnes and Bill Johnson and members John Marsh and John Slocum.

U of M Football Lottery

Once again, a highly successful lottery featuring a football game in Ann Arbor was held to benefit the SMC Endowment Fund. The prize included two tickets to the Michigan-Purdue football game, attendance at a great pre-game indoor tailgate party, featuring U of M President Mary Sue Coleman, plus transportation.



The winner was Gene Markel, who with his son, accompanied Dick Harper and Jim Slosberg to the tailgate and game. Of course, the real winner was the Endowment Fund, with \$700 contributed through lottery ticket purchases. Thanks to all who participated.

—Dick Harper

SMC 2012 Dues Coupon

2012 Dues are payable before January 1, 2012. A \$10 late fee **must** be added for dues paid after January 1, 2012. Make checks payable to SMC and pay at the meeting or by mail. Please use the coupon if paying by mail.

Name: _____

Address: _____

City/State/Zip: _____

Phone: _____

Email: _____

If paying by mail, send to:

Senior Men's Club - Dues
The Community House
380 South Bates Street
Birmingham, MI 48009

Dues:

- \$40 Active Member
- \$40 Associate Member
- \$20 Member on Leave

Life Members pay no dues, but may use the coupon to make a voluntary contribution for financial support of our Club.

Mystery Lyrics

Last month, we offered two challenges to readers. First, we asked if you could remember an old Ella Fitzgerald song in which she sang about "a little yellow basket". Then, we challenged you to recall the baritone singer of the 50's who was nicknamed "Mister B".

The Fitzgerald song is "A Tiskit, A Tasket". You can watch this on YouTube - a very young Ella sings it on a bus! (Believe it or not, Abbott and Costello show up.) "Mister B" was the great Billy Eckstein, whose biggest hit was "I Apologize". Nine knowledgeable readers got both, so congratulations to Chuck O'Connell, Bob Seeley, Alex Gherlan, Bob and Eve Gardner, Jack Howell, Dave and Mary Schwartz, Clay Gordon, Roger Hammer and John Gates.

In addition, Ben Ewing, Tom and Rose Marie Venier, Keith Brown/Joy Powell, Pete Kass and Dick Smith got the Fitzgerald song. Pete even remembered the old movie short now on YouTube.

This month, we have a romantic ballad challenge for readers. The mystery lyric lines are:

*Would you take the wings from birds
So that they can't fly?*

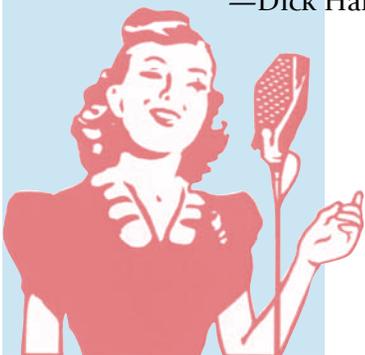
Can you name that tune?

We had some fun recently in asking about the closing lines from an old TV show and only Roger and Midge Gettel remembered "The Naked City". This month we have ending lines from a show that first was on radio (CBS) and then moved to TV. The show always ended with a famous journalist saying:

*What sort of a day was it - a day like all days
Filled with events that alter and
illuminate our times*

Can you name that show and who was the journalist? (If you know him, you likely know the show).

—Dick Harper



CLUB DATES TO REMEMBER

Executive Board Meeting: Tuesday, November 8, 9:30AM

Reminder Deadline: Friday, November 18

Games

Bowling: Monday, 9:00AM at Thunderbird Lane

Bridge: Tuesday, 9:00AM and Friday after lunch

Golf: Thursday, 9:30AM at Oakland Yard Dome (starting Jan. 5)

Special Events

RM Auctions, Saturday, November 12

Christmas Dinner Dance, Wednesday, December 7, 6:00PM

Detroit Auto Show, Thursday, January 19

Group Meetings

Book Reading Groups: Group A: Wednesday, November 2, 10:30AM

Group B: Monday, November 21, 3:00PM

Classic Movie Group: Monday, November 14, 1:00PM

Camera Group: Tuesday, November 8, 2:00PM

Investment Group: Wednesday, November 9, 2:45PM

Computer Group: No meeting in November

All events at The Community House unless otherwise stated.

SMC on the Web:

<http://www.communityhouse.com/getInvolved/interestGroups/SeniorMensClub.html>

Google Group: <http://groups.google.com/group/SMCBirmingham>

THE REMINDER

A monthly publication of the Senior Men's Club of Birmingham, which meets on Fridays at 10:30 AM at The Community House, 380 South Bates Street, Birmingham, Michigan 48009.

Officers for 2011 are: John S. Flintosh, president; Charles B. Kirkpatrick, first vice president; David A. Schwartz, second vice president; George L. Stern, recording secretary; Stuart B. Shuster, corresponding secretary; William L. Sprague, treasurer; Richard E. Shirley, assistant treasurer; David H. Dinger and John F. McCleary, officers at large; George A. Grove, parliamentarian.

THE REMINDER includes: Dick Harper, editor; Chuck Kirkpatrick, Chuck Ragains and John Reddy, associate editors; Bill Shaffmaster, Tom Booth and Geno Markel, photography; Lee Trumbull, computer layout; Bob Jordan, mailing.

Senior Men's Club of Birmingham
380 South Bates St., Birmingham, MI 48009
www.communityhouse.com



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